

Recommendations for use in a hospital setting

NutriHope Fibre should preferably be reconstituted just before consuming. Handle the product with caution to avoid contamination during preparation and administration.



1 Clean and disinfect the work surface, wash your hands and use sterilised utensils and container, if possible.



6 Mix thoroughly until dissolved completely. Stir with a wire whisk for an optimal reconstitution; for smaller amounts, a clean fork can also be used.



2 Boil safe drinking water.



7 For enteral tube use, pour prescribed amount of final reconstituted ME or HE formula into the patient's bag, label accordingly and deliver following prescribed regime. For oral use, cool to feeding temperature.



Pour into a container the correct amount of boiled water cooled to 60-70 °C for an optimal reconstitution.



4 In the container, add the required number of levelled scoops of powder (see «Reconstitution chart»): follow the instructions for Moderate Energy (ME) or High Energy (HE) formulation depending on medical prescription.



8 Use preferably immediately after preparation. If the product is not consumed immediately, cover. Once reconstituted, use within 6 hours at room temperature for enteral tube feeding and within 2 hours for oral feeding.



5 Place the dry scoop immediately back into the tin, do not wash.



9 Formula reconstituted for less than 2 hours can be stored in a refrigerator (5 °C max.) for a maximum of 24 hours. Beyond 24 hours, refrigerated formula should be discarded. If used after refrigeration, stir the formula before consuming.



